

## Self-Isolation Plan Checklist

Keep a list of migrant workers. For each worker include the following:

- full name
- date of arrival
- country of origin

When completed, send list to Huron Perth Health Public Health

**Migrant workers will be required to self-isolate for 14-days after they enter Canada.** Self- isolation shall begin from the date the migrant worker enters the country.

**Identify a place for isolating workers at your farm.** If you are unable, consider alternate accommodations such as:

- Hotels (see attached list of available hotels/motels in the area)
- Trailer on the farm\*

\*Consult with municipal building department, Huron Perth Public Health, F.A.R.M.S.

**Ensure a minimum distance of 2 metres can be maintained between workers in shared accommodations.** This includes in sleeping areas unless a suitable barrier can be erected between beds. A public health inspector must be consulted prior to using barriers between beds.

**Outdoor Areas:** If there is adequate outdoor space around the bunkhouse, establish a perimeter for workers. The perimeter should be greater than 6 feet of any person, communal area, or work area. This is to prevent those in isolation from coming in contact with others.

**Make arrangements for food, water, medicine, laundry services or personal supplies to be provided to seasonal workers under isolation:**

- Picking up supplies and placing outside the door of those who are isolated
- Having a delivery service for grocery shopping
- Any other urgent personal matters the workers must attend to
- 

**Post hand hygiene and respiratory etiquette signage** in washrooms, kitchen, living rooms, and workspaces where possible. These can be found on our website, [www.hp-ph.ca](http://www.hp-ph.ca).

**Complete daily health checks** with workers during the 14-day self-isolation period. Use the “Daily Health Check Log Sheet – COVID-19” provided.

Prepare a list of emergency contacts in the event of a Public Health emergency or worker becomes ill with symptoms of COVID-19. This list should include:

- Huron Perth Public Health at 1-888-221-2133 at ext. 3230 or 1-800-431-2054 for After Hours
- Call 911 if worker is in medical distress

adapted from WECHU, April 2020