

Self-Isolation Plan Checklist

Keep a list of migrant workers. For each worker include the following:

- full name
- date of arrival
- country of origin

When completed, send list to Huron Perth Health Public Health

Migrant workers will be required to self-isolate for 14-days after they enter Canada. Self-isolation shall begin from the date the migrant worker enters the country.

Identify a place for isolating workers at your farm. If you are unable, consider alternate accommodations such as:

- Hotels
- Trailer on the farm*

*Consult with municipal building department, Huron Perth Public Health, F.A.R.M.S.

Ensure a minimum distance of 2 metres can be maintained between workers in shared accommodations. This includes in sleeping areas unless a suitable barrier can be erected between beds. A public health inspector must be consulted prior to using barriers between beds.

Outdoor Areas: If there is adequate outdoor space around the bunkhouse, establish a perimeter for workers. The perimeter should be greater than 6 feet of any person, communal area, or work area. This is to prevent those in isolation from coming in contact with others.

Make arrangements for food, water, medicine, laundry services or personal supplies to be provided to seasonal workers under isolation:

- Picking up supplies and placing outside the door of those who are isolated
- Having a delivery service for grocery shopping
- Any other urgent personal matters the workers must attend to
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Post hand hygiene and respiratory etiquette signage in washrooms, kitchen, living rooms, and workspaces where possible. These can be found on our website, www.hp-ph.ca.

Complete daily health checks with workers during the 14-day self-isolation period. Use the “Daily Health Check Log Sheet – COVID-19” provided.

Prepare a list of emergency contacts in the event of a Public Health emergency or worker becomes ill with symptoms of COVID-19. This list should include:

- Huron Perth Public Health at 1-888-221-2133 at ext. 3230 or 1-800-431-2054 for After Hours
- Call 911 if worker is in medical distress

adapted from WECHU, April 2020