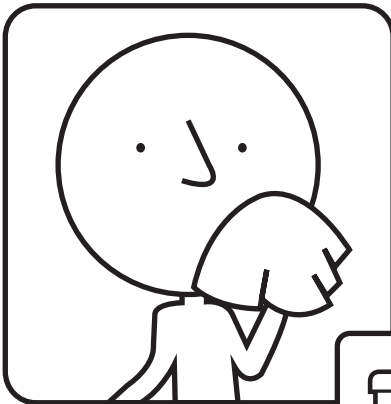


Stop the spread of germs that make you and others sick!

Cover your Cough



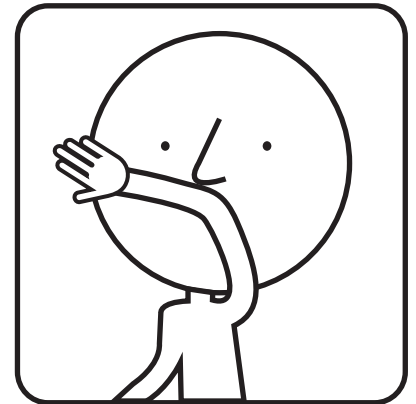
Cover your mouth and nose with a tissue when you cough or sneeze



Put your used tissue in the waste basket

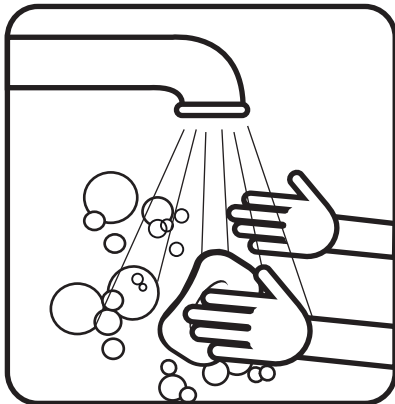
or

cough or sneeze into your upper sleeve, not your hands.



Clean your Hands

after coughing or sneezing.



Clean hands with soap and warm water

or

clean with alcohol-based hand rub

