

AT A GLANCE

Infection Prevention and Control Fundamentals

Who should use this document?

The following best practices resources are meant to serve as an introduction to prepare newly introduced health care professionals with the fundamentals of infection prevention and control (IPAC), and can also be used by health care professionals of all levels to build on existing IPAC knowledge.

The videos and other learning materials can be used by any staff working in the long-term care and retirement homes.

Training resources

Modules	Description
IPAC Core Competencies	<p>This course will help learners improve their IPAC knowledge with the goal to help decrease the risk of transmission of infection in health care. This resource is available in English and French. There are 10 modules, each 10 to 15 minutes long.</p> <p>Participants must register for a PHO account to access the modules and will receive a certificate once complete.</p>
Hand Hygiene E-Learning Tool	<p>Infection Prevention and Control Canada and Discovery Campus offer an online hand hygiene education module for healthcare workers and volunteers. This module incorporates hand hygiene videos from Public Health Ontario (PHO). Please allow yourself 15 minutes to complete the training session.</p> <p>Participants must register for the e-learning tool and will receive a certificate once complete.</p>

Videos	Description
Public Health Ontario - YouTube	<p>These instructional videos will provide step-by-step demonstrations for hand hygiene practices and how to properly put on and take off personal protective equipment. Once on the PHO YouTube channel, navigate to playlists. Recommended playlists to search for include:</p> <ul style="list-style-type: none"> • Hand Hygiene – IPAC • Full Personal Protective Equipment (PPE) • PPE – Gown and Gloves (PPE) • PPE – Facial Protection – IPAC • PPE – Respirators - IPAC

Learning Materials	Description
Your 4 Moments for Hand Hygiene	An information pamphlet that explains the appropriate use of the 4 moments for hand hygiene.
Hand Hygiene for Health Care Settings	A hand hygiene fact sheet based on the Provincial Infectious Diseases Advisory Committee (PIDAC) Best Practices for Hand Hygiene in All Health Care Settings, 4 th edition.
Protecting Your Hands	A fact sheet to help assess and identify skin problems on your hands.
How to Hand Wash	An Instructional poster on how to properly wash hands.
How to Hand Rub	An Instructional poster on how to properly use hand sanitizer.

Additional resources

For further information and resources, please visit:

- [Ministry of Health – Guidance for the Health Sector](#)
- [Public Health Ontario - IPAC](#)
- [Public Health Ontario – Hand Hygiene](#)

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Disclaimer

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Public Health Ontario

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line health workers and researchers to the best scientific intelligence and knowledge from around the world.

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