

If you are being tested for COVID-19:

You can access your results via the online portal <https://covid-19.ontario.ca/> or follow up with the facility where you were tested.

Note: It could be 48 hours or longer before a result becomes available

If you are UNWELL	If you have had a HIGH-RISK EXPOSURE with a Positive Case	If you are ASYMPTOMATIC and AT RISK OF EXPOSURE to COVID-19
If you are unwell, please start self-isolating until you receive your results. Please notify your close contacts to also self-isolate at this time, so that in the event you are positive, they have decreased the risk of community spread.	If you have had a high-risk exposure with a positive case, (notified by public health) or you believe you have been in contact with a positive case, please self-isolate for 14 days from date of exposure, even if you receive a negative result.	If you are asymptomatic and at risk of exposure to COVID-19 through your employment, including essential workers (e.g., health care workers, grocery store employees, food processing plants), you do not need to self-isolate while awaiting test results. If you develop ANY symptoms at all (even mild symptoms) while you await your results, self-isolate and notify your family doctor or HPPH if you do not have a primary care provider.
If your results are negative , you need to self-isolate until at least 24 hours symptom-free		

- HPPH will be calling you if your result is positive.
- HPPH does not routinely follow-up on negative results.
- If you do not live in Huron or Perth, your local Health Unit will follow up with you regarding your test results.
- Remember that the COVID-19 test is a snapshot in time, meaning the results are valid on the date that the test was taken. A negative test result today does not rule out the possibility of a positive test result if tested again in the future.
- **If you develop ANY symptoms at all (even mild symptoms) while you await your results, self-isolate and notify your family doctor or HPPH if you do not have a primary care provider.**
- If you do not see your results on the portal after seven days, you may call HPPH.
- For more information regarding COVID-19, please refer to our website at www.hpph.ca