

# What to do if you **FAIL** the COVID-19 screening

Scenario 1	Action
<p>You or a family member has any one of these symptoms:</p>  fever 37.8 °C or 100 °F or higher)  cough  hard to breathe  sore throat  decrease/loss taste or smell  stuffy/runny nose  nausea vomiting diarrhea  headache  muscle aches  very tired	 <ol style="list-style-type: none"> <li>All household members <b>MUST stay home</b> even if they have received the COVID-19 vaccine.</li> <li>Sick person <b>should get tested</b>.</li> <li>While waiting for test results, all household members <b>MUST stay home</b> and cannot go to school or work until COVID-19 has been ruled out.</li> </ol> <p><b>BOOK a COVID-19 TEST at one of these centres:</b></p> <p>You can access your results via the online portal: <a href="https://covid-19.ontario.ca/">https://covid-19.ontario.ca/</a> It could be 48 hours or longer before a result becomes available. If you do not have access to the portal or you do not have an OHIP card, contact your testing location to receive your results.</p> <p><b>Stratford</b> Rotary Complex (operated by HPHA) Online: <a href="http://www.hpha.ca">www.hpha.ca</a>   Phone: 519-272-8210 ext 2747</p> <p><b>Listowel</b> Outpatient Building   519-292-2133</p> <p><b>Grand Bend</b> Assessment Centre   519-238-1556 ext 111</p> <p><b>Goderich</b> Recreation &amp; Community Centre   519-524-6060 ext 263</p>
<p>If COVID-19 test is <b>POSITIVE</b></p> 	 <ol style="list-style-type: none"> <li>Public health will contact you and let you know what to do.</li> <li>All people who live together <b>MUST stay home</b>, self-isolate, and follow public health advice.</li> </ol>
<p>If COVID-19 test is <b>NEGATIVE</b>.</p> 	<p><b>Note:</b> A child or household members who are a close contact of a COVID-19 case <b>cannot</b> go back to school/work, even if the child or household member tests negative. See Scenario 2 for more information.</p> <ol style="list-style-type: none"> <li>Symptomatic person can go back to school/work once they have been feeling better for 24 hours.</li> <li>All people in the house can go back to school and work if they are well and there are no other pending results for other household members.</li> </ol>
<p>If person was not tested.</p> 	<ol style="list-style-type: none"> <li>Symptomatic person <b>MUST</b> stay home and isolate for 10 days.</li> <li>Symptomatic person <b>MUST</b> self-isolate away from others in the home.</li> <li>Symptomatic person can return to work/school after 10 days, if they are fever-free (without medicine), and their symptom(s) has been resolved or improving for 24 hours.</li> <li>All members of your household must stay home and self-isolate for 14 days.</li> </ol> <p><b>Note:</b> If you think the symptoms are because of another known reason, not unusual to them, talk to your healthcare provider (e.g., doctor or nurse practitioner). Healthcare providers may not be able to rule out COVID-19 without a test.</p>

Scenario 2	Action
<p><b>You have received the COVID-19 vaccine and are experiencing symptoms similar to COVID-19 symptoms</b></p>	<p>A. After vaccination, if you have side effects that are the same as COVID-19 symptoms (including tiredness, headache, muscle pain, chills, joint pain, and low fever), you, as well as your household, must stay home and isolate, even if you think the side effects are from the vaccine.</p> <ul style="list-style-type: none"> <li>• If your side effects start within 24 hours and go away within 48 hours, you don't have to keep isolating and you can go back to your normal activities.</li> <li>• If you have been told to isolate for other reasons, you must keep isolating.</li> <li>• If your side effects do not resolve and/or you have other symptoms consistent with COVID-19 (cough, shortness of breath, etc.), <b>seek assessment</b>, which may include testing.</li> </ul> <p>B. If you develop any symptoms of COVID-19, regardless of whether you have received the vaccine or not, you must continue to follow public health measures and regulations. This includes staying home if you are feeling ill, and following the recommendations on the provincial COVID-19 screening tool, which may include getting tested. No vaccine prevents 100% of infections.</p>
Scenario 3	Action
<p><b>You or someone in your household is a close contact of a COVID-19 case (confirmed by public health)</b></p> 	 <ol style="list-style-type: none"> <li>1. Person that is a close contact <b>MUST</b> stay home.</li> <li>2. Person <b>MUST</b> self-isolate away from others in the home. If isolation away from others in the home is not possible, those in contact with the person <b>MUST</b> also self-isolate.</li> <li>3. Household members are required to stay home except for essential reasons for the duration of the person's isolation period. Essential reasons include: <ul style="list-style-type: none"> <li>• attending work/school/childcare</li> <li>• essential errands such as groceries, attending medical appointments or picking up prescriptions.</li> </ul> <p><b>(Only applies if household members can isolate away from the person who was deemed a close contact.)</b></p> </li> <li>4. If anyone in the household develops symptoms, everyone in the home <b>MUST</b> self-isolate until the individual with symptoms receives a negative COVID-19 test, or is provided with an alternative diagnosis from a healthcare provider. This means that household member can only leave the house to get tested or for medical emergencies.</li> <li>5. Public Health will give direction on self-isolation and when person can return to work and other activities.</li> <li>6. Close contact is to be tested for COVID-19, <b>seven (7) days after</b> their exposure, even if they do not have symptoms.</li> <li>7. If test is negative, close contacts must still complete the full <b>14 day</b> self-isolation period.</li> </ol>
Scenario 4	Action
<p><b>Anyone in the household has travelled outside of Canada</b></p> 	 <ol style="list-style-type: none"> <li>1. Person cannot go to work.</li> <li>2. Person <b>MUST</b> self-isolate for <b>14 days</b>.</li> <li>3. Person can return to work after <b>14 days</b> if no symptoms and pass screening tool.</li> <li>4. Isolation from others in the home starts the day the person returns to Canada.</li> <li>5. If isolating household member develops symptoms of COVID-19 while self-isolating, they should be tested.</li> </ol> <p><b>Note:</b> Anyone who travels outside of Canada <b>MUST</b> self-isolate in accordance with provincial and federal legislation.</p>