Wash Your Hands

1. Wet your hands
2. Use soap
3. Lather and scrub for at least 15 seconds
4. Rinse
5. Dry your hands
6. Turn off taps with towel

Always wash
After you:
• Use the washroom
• Sneeze, cough, or blow your nose
• Handle garbage
• Come in from outdoors

Before and after you:
• Touch food

Huron Perth Public Health