

# Wash your hands



**Wet Hands**



**Add Soap**



**Lather**

**ALWAYS WASH YOUR HANDS:**

- after using the washroom
- before preparing food
- after handling raw foods or dirty dishes
- after sneezing, coughing, or blowing your nose.



**Turn off Taps  
with towel**



**Towel Dry**



**Rinse**